

# SIPV REFIGERIC

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SMT TARAMAI VARTAK MEMORIAL ACADEMY (CBSE)

(PRIMARY SECTION)

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#### **Editorial**



Il over India, we are in the festive mood of celebrating "Azadi Ka Amrit Mahotsav". It is an initiative to celebrate and commemorate the 75<sup>th</sup> year of Independence and Celebrate the glorious history of India's people, culture, and achievements. Adding colours to our festivity we welcome you to the  $18^{ ext{th}}$ Academic year 2022-2023 and the Eight Edition of this magazine which showcases the role of the facilitators and the support of our Management through this platfom of STV Reflection.

Our school has successfully faced the pandemic without compromising the academic and socio-emotional well-being of our students. This was possible because of the untiring efforts of our teachers, management team, and our parents whose generous backing and cooperation made it possible. Our magazine is to be viewed as the launch pad for our children's creative urges to blossom naturally. As the saying goes, "Mind works best when opened." Thus, we try our level best to open up all the doors of opportunities to our talented Champs. The enthusiastic write ups of our young writers and teachers are indubiantly sufficient to hold the interest of our readers.

We are thankful to our mentors Mrs Prachi Bage Vartak madam (Member of Governing Council) and Mr Pushkaraj Vartak Sir (Member of School Committee) for their unwavering support and encouragement. The guidance of **Dr Sarika Rawat** madam, Principal of N. G. Vartak English Medium High School has encouraged us to escalate many new programs, wherein we have adopted a remote school, where we give our selfless service to the underprivileged children through 'Vikas Sevavrati Vrund'. Even our dedicated teachers have selflessly donated a sum of their salary towards the education of needy students through the **Safalya Nidhi** Fund. Under the continuous guidance and support of our Headmistress - Mrs Ranjana Kolwankar madam, we have channelized many programs which not only will enhance our school's growth but also the advancement of our society. We are sure that our efforts will definitely stir the mind of the reader and take them to the surreal world of reading. Happy Reading! - Mr Jackson Dabre

#### Our Mentor's Success! Hearty Congratulations!!!



Our beloved Rawat madam has achieved Doctorate degree from University of Mumbai and made every one of us proud and happy. Madam has added laurels to her list of achievements by earning doctorate degree in the year 2022. We are always proud of Madam for everything she has achieved so far. Once again heartiest congratulations to Dr Sarika Rawat madam from STV family.



#### Mock Drill Life Skill Exercises by NDRF Team



We express our sincere gratitude to the commandant 5 NDRF team for performing mock drill exercises for  $students of several\ schools\ of\ A.V.A.\ Education\ Society\ and\ college\ in\ collaboration\ with\ Fire\ Brigade\ Department$ of Vasai Virar City Municipal Corporation . The demonstration performed by the team will definitely help the students and staffs to be vigilant and has surely develop their ability to act sharp witted in case of any emergency. Around 250 students of STV, NGV, PBV and AVS were benefitted by this training activity.





Smt Taramai Vartak Memorial Academy, CBSE celebrated Prerna Din on 21st August, 2022 to commemorate the 96th Birth Anniversary of Smt Taramai Vartak, the former state minister, the first woman president of Thane district council and also the foundress of the reputed institute, lovingly denoted as 'Maisaheb'. Like every year, this year too the day was marked reminiscing Mai's great achievements in political, social and educational fields. To pay tribute to beloved Maisaheb, different competitions were conducted to make the students aware about the great contribution of Mai in the field of Woman Empowerment, Political, Social and Educational field. The day has its great significance for every student of A.V.A. Education Society to receive the prestigious Sanskar Prabodhini award bestowed in the memory of Mai.

The festive was celebrated in presence of eminent personalities of A.V.A. Education Society, Chief Guest, Principals, Supervisors, Teachers and Students, Judges and winners of the competitions. Dr Sakharam Dakhore sir, professor at Annasaheb Vartak College, Vasai graced the occasion as the Chief Guest of the programme. Honourable President of A.V.A. Education Society Shri Vikas Vartak Sir and Smt Pallavi Vartak madam and Vice-President Shri Shantaram Bapuji Jadhav sir, Governing Council Members and School Committee Members, Shri Anant Jadhav, Shri Paresh Jadhav, Shri Bhalchandra Vartak, Shri Pushkaraj Vartak, Shri Uttam Patil, Shri Parag Naik graced the occasion with their valuable presence. The chief guest Dr Sakharam Dakhore sir addressed the students in his exceptional poetic skills . The president honourable Shri Vikas Vartak sir addressed the students and encouraged them to develop their creative writing skill ability by writing atleast 15 sentences in a day, about their regular happenings. President sir declared that the best piece of writing shall be rewarded in the next year Prerna Din event. The Prize winners, Sanskar Prabodhini Awardees and Judges were felicitated by the dignitaries. The glory of the event was the declaration of Best School Award for the first time to one of the school of AVA Education Society's Dr. N. P. Shah English Medium High School and Jr. College for the remarkable achievements of their students in the competitions organised on account of Prerna Din. Overall the day was filled with achievements and great memories of our beloved - Ms Darshana Ubale

#### ' A symbol of hope for those who were waiting for a new Life" 🚯

Late Smt. Pratibha Udayan Vartak, the immediate relative of our President Sir and Ex student as well as a merit holder of K. G. High School, Agashi set an example to mankind by donating 8 organs giving a relief to 8 patients. She has initiated **ORGAN DONATION** which itself is an inspiration to everyone of us. Madam Pratibha Vartak left for heavenly abode on August 24, 2022. Though Pratibha Vartak madam is not among us, but she will always be remembered for her humanitarian deeds of giving a new lease of life to patients who were aspiring for new life. We pay homage to such a divine soul. भावपूर्ण श्रद्धांजली !



- Ms Darshana Ubale



Nanavati Max Hospital and MSF pays their tribute and honours to Pratibha Vartak (w/o Mr. Udayan Vartak) as she donated all her organs to patients in need







It was an honour for our teachers to celebrate Independence Day with the NDRF team. Our teachers helped the NDRF team to add colours to their Independence Day celebration. Ms Darshana Ubale

Activities Initiated under the Banner of Vikas Sevavrati Vrund

#### The Joy of Giving

Our institution under the banner of Vikas Sevavrati Vrund took up a task of building a bridge of philanthropy. We believe that it is the society that gives us platform to fulfill our desires and in return it is the duty of a man to do something good for the society through social service. Our institution has left no stones unturned towards the betterment of the community under the guidance of our beloved Dr. Sarika Rawat madam. Under the banner of Vikas Sevavrati Vrund chairs, tables, clothes, books, raincoats and umbrellas were donated to necessitous students of adopted schools of Z.P. School of Mothi and Choti Uchawali at Saphale as well as Z.P. Schools at Tilher.

- Ms Vinita Changani



#### **DIY Tri Colour Rakhi Making**

Under the banner of Vikas Sevavrati Vrund, Rakhi Making and Seed Plantation Drive were organized as a part of 75<sup>th</sup> Independence Day Celebration under Azadi ka Amrut Mahotsav. The team of Vikas Sevavrati Vrund came up with an innovative idea of Tri-Colour Rakhi to celebrate Rakhsha Bandhan with a touch of Patriotism. The following is a glimpse of beautiful tri-colour rakhi and bonding between brother and sister. - Ms Ashna Bhagtani



#### Young Nature Enthusiasts in the Nature

Under the Banner of Vikas Sevavrati Vrund, Seed Planatation Drive was initiated for students of Z.P. Schools of Mothi Uchavali and Choti Uchavali at Saphale. The young nature enthusiasts has shown their compassion towards Mother Nature through this activity.

#### **Proficiency of STVians in different Fields**



and College, Palghar.



**Our Sensational Vocalists!!!** 

Singing choir of Smt Taramai Vartak Memorial Academy, Primary Section won

SECOND Prize in Interschool Singing Competition organised by St John School

Winner of **Word Search** Competition **\$\mathbb{Y}** 

On account of Prerna Diwas several competitions are held for students of A.V.A. Education Society to enlighten the students with great work of Mai Saheb for the welfare of the Society. We are extremely proud of our young champion Master Kaustubh Agaskar for securing First Prize in the Word Search Competition based on Mai's life Journey.

#### **Our Young Pliable Athletes**



Students of classes III to V participated in Interschool Pyramid competition organized under Azadi ka Amrut Mahotsav in Padmashree Bhausaheb Vartak Hall securing III

# A.V.A. EDUCATION SOCIETY'S TARAMAI VARTAK MEMORIAL ACADEI

# rank in the competition.



#### Our Jewels





श्रीमती तारामाई वर्तक मेमोरिअल ॲकडमी या प्रांगणात अभ्यासाव्यतिरिक्त मलांमध्ये आत्मविश्वास वाहावा आणि त्यांचा सर्वांगीण विकास व्हावा म्हणन निरनिराळ्या परीक्षांचे आयोजन करण्यात येते, अशाच प्रकारे सप्टेंबर महिन्यात हिंदी ओलंपियाड तर्फे आंतरराष्ट्रीय हिंदी ओलंपियाड परीक्षा 2021 परिक्षेचे आयोजन करण्यात आले होते. त्यामध्ये इयत्ता पहीली ते पाचवीच्या एकण 30 विद्यार्थ्यांनी सहभाग घेतला होता. आणि या परीक्षेमध्ये विनम्ना आशिष पाटील इयत्ता पाचवी ही ने आतंरराष्ट्रीय स्तरावर तृतीय स्थान व शालेय पातळीवर द्वितीय क्रमांक पटकावला , व **कौस्तुभ जितेंद्र आगस्कर** इयत्ता चौथी, आंतरराष्ट्रीय स्तरावर सहावा आणि शालेय स्तरावर तृतीय क्रमांक पटकावत विशेष कामगिरी दाखवत कांस्यपदकाची कमाई करत घवघवीत यश संपादन केले . आयोजीत परीक्षेसाठी विद्याथ्यांना सौ. रीना सावे व सौ पुजा नाईक भाषा शिक्षकांचे मार्गदर्शन लाभले. विद्यार्थ्यांच्या या घवघवीत यशासाठी

आगाशी. विरार अर्नाळा शिक्षण संस्थेतर्फे सुद्धा अभिनंदन करण्यात आले आणि 1 में रोजी कामगारदिनाचे औचित्य साधत दिल्ली येथे भव्य पुरस्कार वितरण सोहळा आयोजित करण्यात आला होता.

- सौ पुजा नाईक

Our teachers believe in upgrading themselves and keep on adding achievements to their portfolio. Our PT teachers Mr. Akshay Khanvilkar and Mr. Jayesh Vaity too achieved glory by completing their Scout and Guide Master Training. Following is



**Activity Leads to Productivity** 



In accordance with the same, many activities were conducted at **Smt Taramai Vartak** Memorial Academy under **Har Ghar Tiranga** movement and **Azaadi ka Amrut Mahotsav**.

Independence and glorious history of its

people, culture and achievements.

Following activities were conducted from August 13,2022 to August 15,2022 under Har Ghar Tiranga movement.

- \* Our President Honourable **Shri Vikas Vartak** Sir took the honour to hoist the National Flag \*Har Ghar Tiranga rally conducted by students of classes VIII to X
- \* Workshop with the theme Har Ghar Tiranga conducted for classes I to V, wherein Students of Classes IV and V prepared tri colour rakhi, Students of class III made slogans on India flag and Students of Classes I and II made paintings on the topic 'Har Ghar Tiranga'.
- \*To mark the 75th Independence day and Azaadi ka Amrut Mahotsav, Felicitation programme was conducted to Felicitate the senior citizens that contributed for the welfare of our society. **The Senior Citizen Shri Harishchandra Patil**, Trustee of Geetanjali school showed valuable presence for the Felicitation Programme. Also, students of three institute **A.V.S. Vidyamandir**, **N. G. Vartak English Medium school and Smt Taramai Vartak Memorial Academy** were felicitated for their great achievement in the board examination of the academic year 2021-2022.
- \* Smt Taramai Vartak Memorial Academy, Teachers, Students and Parents participated in collective singing of National Anthemas a part of Swarajya Mahotsav

Over all, the STV ians enthusiastically participated in the Har Ghar Tiranga movement as a part of Azaadi ka Amrut Mahotsav and paid tribute to the Mother Nation.

- Ms Darshana Ubale

#### Save Seeds, Save Nature

we owe a great debt towards our Mother Earth. We are extremely grateful to our mother Earth for all the beauty in the world and the magical gifts in the form of natural resources. To pay tribute to our Mother Nature, all that we can do is help the nature to replenish its lost beauty. Our enthusiastic nature lovers participated in an Activity of Saving Seeds, initiated by CBSE. Young buddies took collective efforts to wash, clean and preserve those seeds which was then made into seed balls and then sowed back in nature. The bundle of hope in the form of seed ball will surely grow back into a huge tree.



#### Environment Day and Earth Day Celebration 🦹





### Activity Based Studies - 'Learning by Doing'

#### **Hands on Learning Experience**

#### Learning without fire

Healthy green sprout salad making activity was conducted for class III to enhance the culinary skill and develop healthy eating habit as sprouts are called miracle food! They are one of the most nutritious food to eat. They contain fibre, protein, minerals, vitamins and enzymes. Fibre helps you digest better, protein makes you strong and mineral and vitamins add more energy in you. Children also learn the scientific process of sprouting by germinating seeds. This activity taught children the importance of including a salad in their diet to live a healthy life. It also encourage them to be independent and boosted the confidence to work. Children



#### **Science Laboratory**

Scientific Temperament is an essential skill that each individual must possess. Its all about WHY and HOW which makes Science interesting. Our young buddies of class V often visit the Science Laboratory. Following is the glimpse of laboratory Visit of our class V Students. Students are experiencing "Doing" instead of rote learning.



#### Hands on Learning Experiments and Experiences

#### Zoo Manners

animals have unique features and they all contribute

# Students of II grade were asked to make animal masks The idea behind taking this activity was that they can learn features and characteristics of different animals. Students enjoyed as they were able to see different animal masks. The objective was fulfilled as students became aware that all

In order to beat the summer heat, children made lemonade. This activity taught children to improve their hand motor skills. This relishing activity is definitely a part of Food Integration.

#### - Ms Seny Jose



#### आर्ट इंटीग्रेशन 🎏

आर्ट इंटीग्रेशन गंभीर विषयों को पढाने का एक नया तरीका है। जिसमें कला के विभिन्न रूपों को टीचिंग टूल के तौर पर इस्तेमाल किया जाता है। पढाई के इस तरीके का मुख्य उद्देश्य एक विशेष कला की बारीकियों को सिखाना नहीं है बल्कि इसमें कला के बेसिक ज्ञान का इस्तेमाल करते हुए मुश्किल विषयों को आसान बना कर पढाया जाता है। इससे मुश्किल और भारी-भरकम दिखने वाले विषय आसान बन जाते हैं और सीखने वाले पर गहरा प्रभाव छोड़ते हैं। इसी पर आधारित कक्षा पाँचवी में अध्यापिका पूजा नाईक और रीना पाटिल ने जहाँ चाह वहाँ राह इस पाठ पर आधारित रुमाल पर तरह- तरह की कशीदाकारी बनाने के लिए सिखाया। बच्चों ने उस गतिविधि को बरी सुलभता के साथ अच्छे से बनाया। और इस गतिविधि का आनंद लिया।







Acquiring Life knowledge from Experts

#### **Time Management = Life Management**

When Wealth is Lost, Nothing is Lost; When Health is Lost, Something is Lost; When Time is Lost, Everything is Lost.

We run according to our **To Do List** but by the end of the day we are always in search of extra time. We were glad to be a part of a session wherein we got some tricks and tips on Saving Time as well as avoiding stress while working. Dr Brijesh Joshi, Professor at Viva College, IT Department and also our stake holder organized a session on the topic 'Time Management' in collaboration with ISKON. The Resource Person for the day, **Shri Krishna Bhajan Das Prabhuji** and his team shared several fruitful activities which helped us to not only challenge the obstacles in front of us but also work with great endeavors. SWOT Analysis and Time Management skills were some of the important highlights of this wonderful seminar.



#### Parenting Skills and Quality Time with Kids

An exclusive seminar was organised for Parents of our Champs to enhance their parenting skills such that they become role models for their little ones. Our resource person Father Nilesh Tuscano enlightened the different aspects of good parenting. Father Nilesh's profound knowledge in the field of education and sir's understanding of human kind and its nature truly helped the parents to gain knowledge regarding children psychology and their needs.

-Ms Darshana Ubale



#### Investiture Ceremony

"Leadership is the capacity to translate vision into reality".

This momentous day of 21<sup>st</sup> June 2022 dawned to bestow responsibilities on the deserving young talents of the school to lead their school from the front with commitment, confidence, and competence.

The school held the ceremony with great enthusiasm. It was the occasion where the young students were all prepared to do the mantle of leadership and discharge the responsibilities entrusted to them by the school. To teach leadership qualities to students and to give them a feeling of being an important and integral part of the administrative body, the 'Student Council is formed every year. The school Head Boy, Head Girl, Sports Captain, Discipline Captain, House Captains, and Prefects were conferred with badges, sashes, and flags. It's a proud moment for all of us as the school. The programme was a grand success.

-Mr Jackson Dabre



#### A session on Girl's Safety

A session on 'Girl's Safety' was conducted on World Mental Health Day by our resource person **Mr Milind Gajanan Neela Ponkshe and Police Inspector Mr Santosh Chaudhari**. The resource persons enlightened students about the importance of staying vigilant at all times. He also focussed on important topics like being independent and confident. The resource person conducted several brain game activities and how one must be active with physical games by reducing screen time. Overall, it was an enthusiastic session wherein sensitive topics were taught to students with fruitful activities.

- **Ms Ashna Bhagtani** 



#### In-House Sessions conducted by teachers for teachers.

Learning Shared = Knowledge<sup>2</sup>
The following teachers conducted In-House Seminars for their colleagues.



Sr No.	Name of Teacher	Topic
1	Ms Darshana Ubale	NEP 2020
2	Ms Puja Naik	Experiential Learning
3	Ms Seny Jose	Story Telling
4	Ms Sonali Varadkar	Effective Communication
5	Ms Majiri Hate	Digital Learning and Management
6	Ms Ashna Bhagtani	Scientific Temperament
7	Mr Jackson Dabre	Effective Communication with Parents.

- Ms Ashna Bhagtani

#### Parenting Skills

Our counseling team plays an integral role in reaching to the depth of problems the child is facing and try their level best to provide a concrete solution for the same. Our counselor, Ms Sunita Yadav keeps on enlightening the students to develop confidence and eradicate stress, anxiety, fear in them. In this specific session for parents, she gave a very crucial message, i.e. Your children require your presence, not presents. Overall, it was an informative session.

-Ms Darshana Ubale



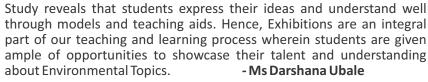
**Yoga Day** 

On July 21, International Yoga Day celebration was conducted in

Smt. Taramai Vartak Memorial Academy . Mrs. Masuma Sogiwala was present as the resource person for the day. Madam conducted different yoga asanas and pranayama for the students of class 3 to 5 on school ground. Students felt the essence of yoga during the session. Madam also made students aware about the importance of yoga in our day to day life and also created awareness about mental health. - Ms Darshana Ubale



#### **Science Exhibition**





## Cleanliness Inspection A.V.A. EDUCATION SOCIETY'S SMT. TARAMAI VARTAK MEMORIAL ACADEMA The inspection for "स्वच्छ शाळा आणि सुंदर शाळा was conducted by the Cleanliness Committee of Palghar District. A glimpse of STVians with the District Inspection Officer on the **Inspection Day.** - Ms Darshana Ubale

#### **Disaster Management Committee**



A.V.A. Education Society's SMT TARAMAI VARTAK MEMORIAL ACADEMY, VIRAR (E) Affiliated To Central Board Of Secondary Education **Disaster Management Committee** 

Mr. Jackson Dabre Mr. Akshay Khanyilkar Mr. Jayesh Vaity Mr. Hemant Gharat Mr. Sunil Singh Ms. Darshana Ubale Ms. Jacinta Lopes

Ms. Vinita Changani

Ms. Rani Mishra Ms. Tina Rathod Ms. Neelam Jadhay Mr. Nilesh Bhoir Mr. Rupesh Bhalerao Mr. Tushar Tamore Ms. Vahida Shaikh

To deal with all the humanitarian aspects of emergencies, response and recovery in order to reduce the impact of disasters and act sharp witted in case of life threatening situation, A school Disaster management committee is made, wherein the committee members will be trained by experts in the field of Disaster - Ms Darshana Ubale management.

#### Polling Day at STV 🏰



A glimpse of **Election** conducted at Smt Taramai Vartak Memorial Academy to enable the students to understand the concept of Democracy and the Value of their Vote.

- Ms Ashna Bhagtani

#### Teachers' Day

Our little champs from grade 5 were appointed as Student- Teacher for the day . The celebration was done with the theme 'Festival'. Groups of festival committee were formed. They had prepared different activities, games and puzzles to keep the students engaged. Best student teachers of the day were selected by the judges for conducting engaging activities for students. Definitely, our tiny tots must have enjoyed the role and efforts of a teacher. Ramzan Eid Committee and Ganesh Chaturthi Committee bagged the Prizes for



#### A tribute to the symbol of knowledge



STVians paid tribute to the great legend Bharat Ratna Dr Babasaheb Ambedkar on April 14,2022. The day has profound significance in the history of our country as this day was born a great

human that gave the World lesson of Equality, Humanity, Liberty, Secularism. The World celebrate Dr Bhimrao Ambedkar birth anniversary as Equality day. Our head bows with honour for the

symbol of knowledge, the father of modern India and the Architecture of Indian constitution **Dr** Bhimrao Ramaji Ambedkar.

- Ms Darshana Ubale



#### No Bags Day

As per the instructions received by CBSE Board to celebrate 'NO Bags Day' in order to engage students in innovative activities and foster Learning outside the classroom. Every month end is celebrated as Book-less Day, wherein students will enjoy fun-filled activities and seek joy through Experiential Learning. It also encourages, Learning by Doing method - a key principle of NEP 2022. The following were the theme of NO BAGS DAY.

	Sr No	Month	Theme
SMIT TARAMAL VARTAK MEMORIAL ACATEMY	1	June	Forgotten Games and Seed Conservation Rally
Celebrates NO BAG DAY	2	July	Incredible India
NO BAG DAY	3	August	Festivals
Dale: April 30, 2022 (Edundar)		SMT. T	ARAMAÎ VA RTAIZ MEMORIAL ACADEMY
		Y	

#### Eco Friendly Ganpati Celebration 🖁

Festival celebration creates fun and pleasant atmosphere. It is time to get together and celebrate our traditions and customs, so that our rich culture is carry forward to our new generation. At STV, we too celebrate festivals with the theme, so that students learn different concepts in a fun way. We celebrated Ganpati Visarjan in Eco-Friendly way. The Ganpati idol was immerse in the Artificial Pond of our Botanical Garden. Our EVS teachers putforth the concept of eco-friendly Ganpati Bappa and the different ways by which Ganpati festival can



#### हिंदी भाषा 🎏



हिंदी भाषा में सभी भाव को भरने की अद्भुत क्षमता है यही कारण है कि हिंदी को भारत की जननी भाषा कहा जाता है भारतीय संस्कृति में हिंदी को मातृभाषा का दर्जा दिया गया है यह मातृभाषा नहीं बल्कि भारतीयों को एकता अखंडता के सूत्र में पिरो टीं हैं हिंदी को मन की भाषा कहा जाता है । और हमारी जननी मात्रभाषा का महत्त्व बताने के लिए हर साल की तरह इस साल भी 14 सितंबर को हिंदी दिवस श्रीमती तारामाई वर्तक मेमोरिअल अकादमी के प्रांगण में बडे धुमधाम से मनाया गया बच्चों को हिंदी भाषा के प्रति प्यार और उसका महत्त्व पाठशाला के मुख्यध्यापिका श्रीमती रंजना कोलवणकर मॅडम ने समजाया । हिंदी भाषा दिन के शुभ मुहूर्त पर भाषा विभाग का उद्घाटन किया गया । अंत में बच्चों नारो के माध्यम हिंदी भाषा का महत्त्व बताने के लिए नारे लगाए और रैली



